

# Presentation Skills Seminar

**Designed for:** Anyone whose role requires speaking to groups and who would like an intensive course that provides that extra dimension which gets you and your presentation remembered.

**Prerequisites:** None.

**Objectives & Objectives:** To overcome the natural fear of speaking to a group. To understand and gain the non-verbal skills all good speakers need, and develop the skills needed to write a presentation that people will remember.

**Cost:** 5500 (MUR)

## Course Content:

- Strategies to deal with anxiety and nervousness
- The impact and importance of non-verbal language
- How body language influences people
- How to make the listener feel special – as if they are the only one you are speaking to
- The skills involved in delivering a short but effective presentation
- Writing for the ear
- How to make an immediate impact
- How to answer questions afterwards